



DEFINE DESIGN ALIGN

your business & life

With reflection comes the clarity
in which your path forward will
unfold & your new journey can begin."

Leah Goard

2014 Mid Year Land + Launch

1. Three words to describe how you have predominantly felt during the first half of 2014?
2. What are your top personal + professional high fives so far this year?
3. What were the most important things you set out to accomplish at the beginning of the year?
4. Are you en route to achieve / gain traction in those key areas or is your business and life calling you to focus on something different? If yes, what is it? What has unfolded in your world?
5. What is working well in your personal life? What do you want to shift or change?
6. What is working well in your business/ career? What do you want to shift or change?
7. What are your greatest lessons learned so far this year?
8. What is your greatest fear right now and the biggest Agreement that has been an under-current for you this year so far?
9. If you could wave a magic wand, what would you accomplish, do, change or shift by the end of 2014?

With the insight you have unveiled in the questions above, turn them into new / adjusted action items and move them into your plan to create the change you desire.